



Alfredo Sfeir Younis

This book is dedicated to all human beings who act to create a better environment for all forms of life in this Planet.

This book is dedicated to all of those people who bring equity, justice and happiness to all.

This book is dedicated to all those who taught and guided us to the Right Action.

This book is dedicated to all actions that involve unconditional love to everyone and everything.

This book is dedicated to all those Beings of Light who clearly embody actions that enable us to reach infinity.



Your own logic feeds its own questions.
Your beliefs feed your own answers.
If you believe in the Divine you will
attach to your origin. If you believe in
Karma (action, cause/effect) you will
attach to your destination.


Human beings destroy nature (wrong action) because they embrace the theory of “unequal intelligence”; they believe they are more intelligent than nature. However, creation as a fundamental action only unfolds “equal intelligence” everywhere; be it matter or non-matter.

The new millennium demands a new theology of action: of total interdependence and collective destiny. Interdependence in action among human beings, between them and nature (all forms of life), and human and nature with the spirit.

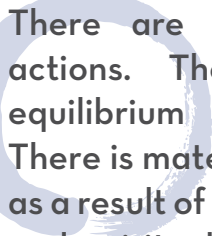
We did not parachute onto this Planet Earth. We all came with a mission to act; a form of “right action” which always fulfills our obligations in this lifetime. Thus, it is central to remember and fully self-realize that mission and act on it.

Your mission on Earth has both an individual action and a collective action. In the individual action you are concerned about your Karma, in the collective action you are embodying universal karma. Enlightenment will unfold from all forms of karmic activities. Both are inseparable.

A man without the right level of feminine energy in action is as dangerous as a woman without masculine energy in action. Action unites the energetic fields of the yin and yang. The seat of eternal wisdom lies on their equilibrium and coherence in action, as both energies come from the same origin: action.



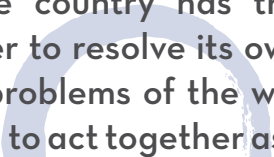
What humanity needs now is a right form of action. However, there will never be a right form of action without emerging from the right vision, the right intent and the right language. Actions and efforts without a right vision are like actions where the blind leads the blind.



There are material and spiritual actions. These actions must be in equilibrium and excel coherence. There is material and spiritual wealth as a result of action. There is material and spiritual poverty as a result of action. Today, we promote a form of human existence that promotes mainly material actions resulting in material wealth and spiritual poverty.

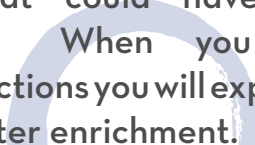
Globalization will never succeed without the creation of the Global Being in action: this is someone who has the ability to become the other without losing its own identity. It is able to think globally and act locally.

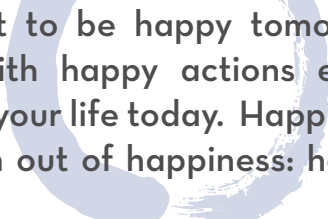
The world crisis we experience today is a collective crisis of action and, as such, it must be resolved with new forms of collective actions. No one single country has the key or the power to resolve its own problems or the problems of the world. We must learn to act together as one humanity.



The “golden rule” governing the Era of Pisces, which just ended, was: “as I know, so I act”. Knowledge at the center of action. Today, in the Era of Aquarius the golden rule is: “as I experience and self-realize, so I act”. From knowing to being and becoming in action.


We are to advance our spirituality by focusing on two equally important scenarios of life: the present actions of today and all possible alternative actions (what could have been/happened). When you honor alternative actions you will experience inner and outer enrichment.





If you want to be happy tomorrow saturate with happy actions every moment of your life today. Happiness is only born out of happiness: happy actions.

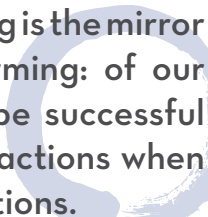
One of the greatest virtues of human life is surrendering to the Organized Order of our existence. Human suffering is directly linked to actions that destabilize that Order. Align your actions to Natural Law and you will defeat all possible afflictions.



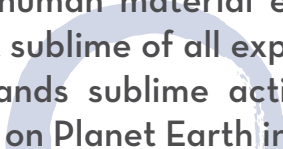
Love is not an emotional state. Love is a natural state of human and nature's reality. When we do not act with love we are actually destroying the very core of our own existence. Love and actions are one.

It is important to know the environmental phenomenon that affects us, like pollution of air and water. But, we need also to know who acts as a polluter; thus, it is important to put a face on pollution. However, the ultimate is to know why we act as polluters; why are we polluting.


Many of our actions have led to global warming. Global warming is the mirror image of our inner warming: of our inner actions. We will be successful in addressing the outer actions when we address the inner actions.



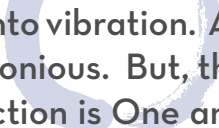
Experience results from actions and actions result in experiences. It is imperative upon us to make out of this human material experience the most sublime of all experiences. This demands sublime actions. We are here on Planet Earth in order to act.



Do not kill animals. This is a wrong action. Do not mistreat animals. This is a wrong action. Do not eat animals. This is a wrong action. Animals possess the keys to open the gate to higher and higher levels of human enlightenment. In action, our genetic codes are interdependent.



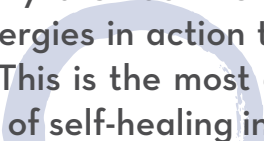
Every tree has the divine intelligence we are ultimately aspiring for. Act and save a tree and, thus, guard a library of messages and road signs for our own individual and collective actions and transformation.



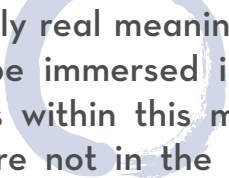
All action translates into vibration. All actions must be harmonious. But, the ultimate melody of action is One and we must fine tune our inner actions to it again, as it was so tuned at conception; the first material action.

“The inner action is like the outer action and the outer action is like the inner action”. This is the fundamental law of action. This means that material and spiritual actions must be in equilibrium, and that every manifestation in our material actions is, in essence, the mirror image of our minds and souls.


Do not waste your energies in action to know why the room is dark; use all your energies in action to turn on the light. This is the most advanced instrument of self-healing in action.



Spirituality is the collection of instruments, practices and processes to remember the nature and scope of your mission (right action) on Earth. You have forgotten how to act and the origin of the right action (your mission). You needed to have this material existence to find it.




The only real meaning of spirituality is to be immersed in human interactions within this material life. If we were not in the material world, spirituality ceases to exist and it does not immerse itself into action. Action will be void of spirituality.



To be enlightened means to know with certainty the nature and scope of your actions on Earth and be committed to fulfill the actions that do no create negative karma, in cooperation with all other human beings and sentient beings and nature. This is collective action.

If your mission in everyday action is to be a shoe maker and you are so, then you are an enlightened being because of action. If you are a mother and that is your mission, you are an enlightened being because of action. It applies to all who practice the right action.

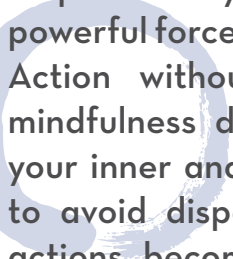
Many people justify many actions with the phrase: “I am following my heart”. It sounds really authoritative. But all depends on your levels of toxicity. The drunk driver is also following his heart and act accordingly when he says: “I can drive”. First eliminate your toxicity and then let be guided by your heart. Only then, act.



If your action is colored by indifference, you immediately create collective suffering. We must involve ourselves in action, but not just any action. It must be the Right Action. The fruits of the actions establish the merits of righteousness.

The nature and intensity of our collective interdependence call for a greater attention to the Right Action. Whether my vision is right or not, it will be validated by my behavior in action, be it in relation to me or others.

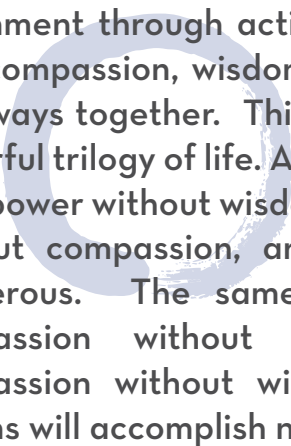
The fulfillment of any ideal demands actions in many forms and fashions. If your effort in action is half of what is needed, you will attain half of your vision or no vision at all. The effort in action of the archer is embedded in the speed and trajectory of the arrow!



Dispersion in your actions is the most powerful force to accomplish nothing. Action without concentration and mindfulness demands an appeal to your inner and outer “self” if we are to avoid dispersion. Concentrated actions become the most effective road towards the next stage of your evolution.

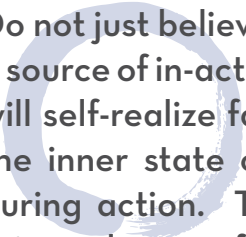
The ideal life in actions is not just to accompany it with meditation, but with a practice of the Right Meditation. The same applies to yoga in action, contemplation in action and prayer action. Not all forms will bring the desired experience. Meditative actions will enable you to vibrate in such a way that you will be capable to enter “the collective vehicle”, and attain your collective destiny.

The most universal form of healing is via compassionate action. Compassion is to become the other without losing your own identity (a poor person), and to commit yourself through all possible actions to resolve the problem that motivated your compassion (poverty). Compassion and action must go hand in hand.



Attainment through action demands that compassion, wisdom and power go always together. This is the most powerful trilogy of life. Actions, which seek power without wisdom, or power without compassion, are extremely dangerous. The same applies to compassion without power and compassion without wisdom; those actions will accomplish nothing.

We have polluted water, earth, space and air (wind) through our actions. We carry this pollution in ourselves as no borders exist between external air and internal air. The same applies to actions that have polluted the other elements of life. These actions are the reason why there are so many diseases today.



Do not just believe. Faith must not be a source of in-action or numbness. You will self-realize faith when you attain the inner state of total detachment during action. This is a very action oriented state of being.

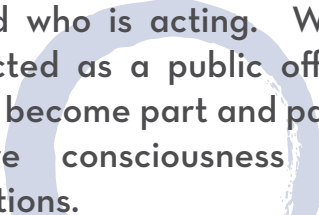
Fears filter us out of action and out of our true reality of life. Do not act in fear. Do not cave into that fearful world. Develop self-confidence, practice love and compassion, and your actions will be impeccable.

No matter where you go and how you act, you will always be in the company of your divine self and nature. Nature is a manifestation of the Divine Action at the beginning of all beginnings, and you should know that. Trees, bushes, plants and all creatures in nature are accompanying you all the time –they are your brothers and sisters in all actions. Welcome them, enjoy them, share them.

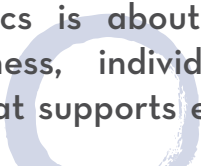
When you act -within the inner or the outer—it is like painting your canvas one step at a time. If you paint the canvas too many times, it is impossible to discern the theme of your painting. Similarly, negative actions take away your innocence (original canvas), and you lose the sense of direction, forgetting the theme of your life. Do not paint (act) for the sake of painting yet another time. Do not act for the sake of acting.

Perfection only lasts one instant. The perfect action is short lived. The cost of achieving perfection is also extremely high. Maybe imperfection is not that bad after all. This does not mean to act as if we embrace imperfection for the sake of it. We must act with wisdom and beauty in everyone and everything.

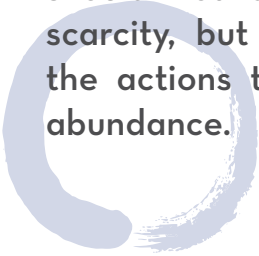
Politics is the art of decision making within the public domain of action. The subtle nature of politics is not contained in the decision or in the actions that follow, but in who is deciding and who is acting. When you are elected as a public official you de-facto become part and parcel of collective consciousness and collective actions.



Economics is a form of action. Economics tries to predict how people act under conditions of material scarcity. Economics is not about things, but about people. People who act. Economics is about the human consciousness, individually and collectively, that supports every action.



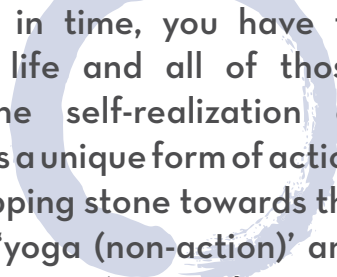
The aim of action through economics must be to nurture the values of life. Human consciousness is unbounded and infinitely rich. Economic actions should not be just about material scarcity, but they should be about the actions that lead us to infinite abundance.



The treasures that support the Right Action are in the fullness of emptiness. The power of any action is in the fullness of silence. The level of pure Divine Consciousness is in the fullness of its own actions. Reach Divine Consciousness and you will be all you can be in action.

Faith is not just to 'believe' in someone or something. Faith is born in action. Faith is born out of that kind of action that enables us to be in full detachment. This is similar to peeling each skin of an onion (life). Once you take the last skin, you must have the ability to still see, feel, and experience the onion (life).

The only 'act of faith' you might embrace is the existence of a Great Organizing Order to which all of us belong to. This action is a form of surrendering to our collective existence. To surrender to what belongs to all of us, here, there, and everywhere.



At one point in time, you have to surrender to life and all of those who live. The self-realization of surrendering is a unique form of action and a key stepping stone towards the fulfillment of 'yoga (non-action)' and 'karma (real action)', on the path towards divine enlightenment. Do not let your ego be on the way to act properly.

Through the wrong actions we destroy our natural environment. We may not practice actions that make us insensitive to our external life. Our external life is not inferior to us. Action must not use nature at will. But, inner and outer life is part of a series of collective actions that benefit all beings. Do not let our actions destroy nature.

When you wake up in the morning you are awakening to all your virtues and illnesses at the same time. You are to make a choice in every action. Please choose to act with all your virtues and, through those actions, heal yourself from all your illnesses. This is a conscious form of action, not a random one.

When the sun rises every morning your own inner sun rises too. When the sun sets every evening, your inner sun does too. The reality of action is to have an inner and outer sun. The cycle of the two suns must be understood and experienced to its fullest extent through daily actions. This also represents the cycle of spiritual awakening, which demands two fundamental actions: meditate at sunrise and rest at sunset.

The moon is essential for the awakening of our feminine energy. Every action must possess feminine energy. When the moon is full we have the potential of sparking our feminine to its fullest extent in all actions. “Landing” on the moon is like acting on the tip of our soul. Act softly.

Receiving begins with the act of giving. They are two sides of the same coin (action). The act of giving must be accompanied by three virtues: compassion, equality and love. Through action bring their power to each act of giving and you will receive bountifully.

I am who I am because of the way I act. You are who you are because of the way you act. “We” is both of us, acting together, and not each of us acting separately. You cannot be you without being me and I cannot be me without being you. Togetherness is the true nature of action. This is our destiny.



Author **Alfredo Sfeir-Younis**

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